New Jersey Mental Health Planning Council (MHPC) Meeting Minutes

August 8, 2012

Notices to announce the date, time and location of this meeting were sent out to the following news outlets: *Newark Star-Ledger*, *Asbury Park Press*, *The Times* (Trenton), *Bergen Record*, *The Press* (Pleasantville), and the *Courier-Post* (Cherry Hill)

Attendees:

Phil Lubitz Christopher Lucca Patricia Matthews
Joanne Oppelt Brenda Pateman (phone) Robin Weiss (phone)

Robin Baker Marie Verna

DMHAS, DCBHS & DDD Staff:

Robert Culleton Donna Migliorino Mark Kruszczynski Robin Nighland Dona Sinton

Guests:

Bianca Ramos Harry Coe (phone) Louan Lukens

Eileen Doremus (phone) Connie Greene (phone) Rachel Morgan (phone)

- I. Administrative Issues/Correspondence/Review of Previous Minutes
 - A. Phil suggested that we need to discuss as a council changing the name formally to Behavioral Health Planning Council
 - B. Phil wanted to thank everyone for their assistance with last month's federal site visit. All went well and they were impressed with the Council and the Children's System of Care. They commented how they really heard the voice of the consumer on our Planning Council
 - C. Phil distributed a definition of recovery that was issued by SAMHSA
 - D. Minutes from the June meeting were reviewed and approved with the corrected spelling of Bianca Ramos
 - E. Minutes from the July meeting were reviewed and approved as is

II. Announcements

- A. There will be SMI forums for consumers and family held in August. A flyer was distributed and should be circulated.
- B. There was a discussion regarding the existing SAMHSA definition of SMI. Donna Migliorino explained that many states have adapted/qualified their definition, as NJ is

- trying to as well.
- C. The Federal register Notice on the proposed guidance changes for the 2014-2015 Block Grant combined application is out. Members were emailed the information recently and are encouraged to submit any comments to Dona Sinton by the end of August so they can be included in the feedback that the State will be sending in response to the notice.
- D. The next Block Grant application will be due on September 1, 2012 however that one includes some certifications, assurances, information on the planning council, and some fiscal tables projected expenditures for substance abuse and mental health services. Members are encouraged to go online and review the short application. The website is https://bgas.samhsa.gov/ and the user name is citizennj with the password of citizen. The Block Grant subcommittee will begin convening again as the behavioral health reports will be due in December and the next application for the 2014-2015 Block Grants will be due in April.
- E. Dona Sinton continues to email out technical assistance opportunities to members to participate in webinars regarding planning council activities and trainings. Please participate if able as these are federally sponsored trainings.

III. Budget Update – Steve Adams

- A. The governor's recommended budget went through for this State Fiscal Year. We were fortunate with getting some Olmstead grown and Hagedorn closure savings
 - 1. \$5.6 million in reinvested in community services (\$2.3M as community care and \$3.3M as Olmstead) to annualize out to \$12.8 million from the Hagedorn savings.
 - 2. \$5 million in new Olmstead funding (in addition to the \$3.3M above) will annualize to \$10 million on an ongoing basis (it starts programs in one year and annualizes them for the next year). This is in addition to \$5M related to the annualization of programs started in FY 2012, for a total of \$13.3M.
 - 3. Our Community Care appropriations saw a decrease of \$1.8M in anticipation of Medicaid for Community Support Services; however that funding actually more or less evens out because it is a shift in funding from the Division to being funded through Medicaid.
 - 4. Overall it's a net increase of \$230,000 for community care and \$13.3M for Olmstead.
- B. The SFY 2014 budget cycle is already underway.
- C. We will be transferring some funding to the Department of Children and Families for adolescent services. A survey will be conducted with providers to help break down the amount of funds that are used to treat adolescents. Screening and emergency services will be excluded but every other modality will be included.
 - 1. Chris Lucca asked how many providers will be contacted with the survey and Steve responded that it will go to almost every provider we contract with for services.
 - 2. Joe Gutstein asked if the ASO will be revenue neutral and Steve responded that the program has to be budget neutral and will ultimately

- compensate the MBHO on a per member/per month rate when the MBHO is at risk.
- 3. Marie Verna asked how long providers will have to respond to the survey and Steve responded approximately 4-6 weeks.

IV. Wellness and Recovery Transformation Action Plan Review - Roger Borichewski

- A. Roger reviewed the highlights from the Wellness and Recovery Transformation Action Plan (WRTAP), which will be posted on the Division's website shortly. This review goes over the status of the recommendations from the original plan, and includes the recommendations, actions taken during the plan years of 2008-2010, and any future actions planned or in progress.
- B. Some of the highlights include:
 - 1. Peer staff have been hired for RFP reviews
 - 2. 33 individuals have completed wellness training
 - 3. There are regional consumer advisory committees that meet monthly, with a statewide consumer advisory committee being planned
 - 4. In 2008 30 self-help center managers were trained
 - 5. In 2007 DMHAS and UMDNJ provided training to centralized admission staff to be a clearinghouse for PAD. We currently have 857 PAD's on file.
 - 6. IRP is incorporated into treatment planning at state hospitals
 - 7. 74 agencies and 1,300 individuals got IMR services
 - 8. We had a primary care and mental health task force and the recommendations were submitted to the Commissioner, as well as the Acute Care Task Force recommendations
 - 9. Health homes have begun
 - 10. A modularized program called wellness counts is under development and is expected to be implemented soon
 - 11. We continue to collaborate with DDD on various projects
 - 12. EISS available up to 30 days and IOSS up to 90 days
 - 13. Merged our systems and division to increase cross systems integration
- C. Joe Gutstein asked how many people fall into a behavioral health home and Roger responded that its limited to the 2 sites right now
- D. Marie Verna stated how the MHPC had a subcommittee to check on the status of the plan and it is really focused at the time on workforce development. She requested to see the plan. Roger indicated there is a workforce development plan but it is focused more on hospitals right now.
- E. Dona Sinton will send out workforce development plan and the website link to the WRTAP Review when it is posted
- V. Crisis Intervention Team Steve Fishbein
 - A. Steve distributed a handout
 - B. DMHAS is represented on numerous committees in the criminal justice field, including the 1) Chief Justice's Interbranch Advisory Committee on Mental Health Initiatives and 2) Governor's Task Force on Reducing Recidivism which is challenged to look at correctional systems to make them more effective

- C. Discussed CIT and that it is a whole community effort, not just police training. The trainings started in Camden City in Collingswood, but have spread. It's a 40 hour training that is free of charge to police. Instructors include NAMI, mental health professional and others. We collaborate with the Attorney General office to pay for a coordinator and there is a website with more information (http://citnj.org)
- D. Training is held about every 3 months. Some counties don't have their own training but send their force to another county. The curriculum does include a module that discusses substance abuse
- E. Bob Culleton asked if correction's officers have access to the training. Steve responded that couple have taken it but it is really an issue of resources.
- F. Louann Lukens asked if there is anything that the Advocacy Subcommittee could do to help?
- G. Marie Verna was curious as to what else is out there besides CIT and Steve responded that every screening center is supposed to do a training as needed with the police as well.
- VI. Planning Activities and Recommendations Phil Lubitz
 - A. We will discuss the Block Grant Meeting that Phil and some State staff attended at the September meetings and well as the State Family Support Plan and SMI at the September meeting
 - B. The membership/Block Grant subcommittee will meet at 9 on 9/12
 - C. The advocacy subcommittee will meet at noon on 9/12

Next Meeting on 9-12-12 10:00-12:00. Room 3000 at 222 South Warren Street